

EVOLVE HIGH GLOBAL SCHOOL

Cafeteria Menu (Grade 1 to 10) - June 2026

DATE	Day	BREAKFAST	LUNCH
2-Jun-26	Tuesday	Pohe + Chikki	Salad, Matki Usal, Dal, Rice, Chapati
3-Jun-26	Wednesday	Veg Sandwich with Sauce (Qty. - 2+1 Refill)	Salad, Alu Mutter, Khichdi Rice, Chapati
4-Jun-26	Thursday	Shabudana Khichadi + Shengdana Ladoo	Koshimbir, Bhindi Masala, Amati Rice, Chapati
5-Jun-26	Friday	Palak Puri + chutney (Puri Qty. - 3 + 1 Refill)	Raita, Chole Masala, Jeera Rice, Dal Tadaka, Chapati, Sweet - Jelibi
6-Jun-26	Saturday	-----	-----
07-Jun-26	Sunday	Holiday	Holiday
8-Jun-26	Monday	Upma+ Banana	Raita, Akkha Masoor, Dal Rice, Chapati
9-Jun-26	Tuesday	Idli Sambhar (Idli Qty - 2+1 Refill)	Koshimbir, Soya Masala, Dal Rice, Chapati
10-Jun-26	Wednesday	Pineapple Shira	Salad , Gavar Batata, Amati Rice, Chapati
11-Jun-26	Thursday	Shabudana Khichadi + Rajgira Wadi	Raita, Mix veg, Jeera Rice, Dal, Chapati,
12-Jun-26	Friday	Shevai Upma + Fruit	Salad, Shrikhand Puri, Veg Pulav,
13-Jun-26	Saturday	-----	-----
14-Jun-26	Sunday	Holiday	Holiday
15-Jun-26	Monday	Medu Wada+ Sambhar (Qty. - 2+1 Refill)	Salad, Ghevda Bhaji, Jeera Rice Dal , Chapati
16-Jun-26	Tuesday	Dadpe Pohe + Fruit	Koshimbir, Cabbage sabji, Amati Rice, Chapati
17-Jun-26	Wednesday	Puri Bhaji (Puri Qty. - 3 + 1 Refill)	Green Salad , Palak Bhaji , Khichadi Rice, Chapati
18-Jun-26	Thursday	Methi Thepala + Achar (Qty. - 3 + 1 Refill)	Salad Chauli Rasa, Masala Bhat Chapati
19-Jun-26	Friday	Idli Chatani (Idli Qty. - 3 + 1 Refill)	Salad, Pav bhaji ,Tawa Pulao, Sweet - Gulab jam
20-Jun-26	Saturday	-----	-----
21-Jun-26	Sunday	Holiday	Holiday
22-Jun-26	Monday	Veg Pohe + Chikki	Raita, Bhindi Fry, Khichadi Rice Chapati
23-Jun-26	Tuesday	Shabudana Khichadi + Shengdana Ladoo	Salad, Mix Sprout Usal, Dal Rice, Gulab jam, Chapati
24-Jun-26	Wednesday	Aloo Paratha + dahi (Qty. - 2 + 1 Refill)	Raita, Cauliflower Mutter, Khichadi Rice , Chapati
25-Jun-26	Thursday	Pineapple Shira	Koshimbir, Dal Methi, Masala Bhat, Chapati
26-Jun-26	Friday	Upma + Farsan	Salad, Chana Masala, Jeera Rice , Dal, Chapati, Sweet - Daliya
27-Jun-26	Saturday	Missal Pav (Pav Qty. - 3 + 1 Refill)	-----
28-Jun-26	Sunday	Holiday	Holiday
29-Jun-26	Monday	Veg Sandwich with Sauce (Qty. - 2+1 Refill)	Koshimbir, Rajma Rassa, Jeera Rice Dal, Chapati
30-Jun-26	Tuesday	Idli Sambhar Qty. - 3 + 1 Refill)	-----

Note - Please note that the portion sizes have been carefully determined to help children stay active and energetic throughout the day, while also avoiding heavy meals that may cause lethargy.